

Flaming Grill Main Menu SS17 Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

** Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

Interpreting the Data

| | |
|---------------------------|--|
| YES Vegan / Vegetarian | YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian |
| NO Vegan / Vegetarian | NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian |
| NO | Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation |
| NO* | Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk |
| YES | Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier |
| Modifier Allergen Outcome | Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal. |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
|---|----------|--------------------------------------|---------------------------|---------------------|--------------------------|------------------|----------------------|------------------|-----------------|----------------------|--------------|---------------|----------------|---------------|-------------------|------------------|----------------------|---------------|--------------------------------------|
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Crispy Chicken Strips | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Garlic Ciabatta v | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Garlic Ciabatta with Melted Cheese v | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Nachos v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Garlic Breaded Mushrooms v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Nachos Topped with BBQ Pulled Pork | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Flamegrilled Chicken Wings | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Garlic & Coriander Glaze | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Piri Piri Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Hot Hot Hot Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Jerk BBQ Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Texan BBQ Sauce | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Breaded Calamari | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | Yes | Yes | No | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Ultimate Sharer | Total Allergen Outcome | No | No | Yes (Wheat, Rye) | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Onion Ring Stacker v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | No | No | Yes | No | No | Yes |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
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| Flaming Grill - Spring/ Summer 2017 Main Menu | Starters | Lord of the Wings | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | Yes | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Super Salad v | Total Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Super Salad Chicken | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Super Salad Halloumi v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Super Salad Steak | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Garden Salad Chicken | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Garden Salad Halloumi v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Garden Salad Steak | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | New York Deli - Sub / Wrap | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Tortilla 12inch | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Sub roll | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | New York Chicken - Sub / Wrap | Total Allergen Outcome | No | No | No | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Tortilla 12inch | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Sub roll | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | BBQ Jerk Halloumi v - Sub / Wrap | Total Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Tortilla 12inch | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Sub roll | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | BBQ Pulled Pork - Sub / Wrap | Total Allergen Outcome | No | No | No | No | No | No | No | Yes | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Tortilla 12inch | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Sub roll | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Fish Finger - Sub / Wrap | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | Yes | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Tortilla 12inch | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Sub roll | Modifier Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Subs & Salads | Garden Salad v | Total Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Lunch Club | Chicken - Lunch Club | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | No | Yes | No | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites | |
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| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Sausage & Mash - Lunch Club | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No | Yes |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Scampi - Lunch Club | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | Yes | Yes | No | No | No | No | Yes | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Mushy Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Garden Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Ice Cream v - Lunch Club | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Strawberry | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Chocolate | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Vanilla | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Mac Cheese v - Lunch Club | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Profiteroles v - Lunch Club | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Lunch Club | Treacle Sponge v - Lunch Club | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Scampi & Chips | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | Yes | Yes | No | No | No | No | Yes | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Mushy Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Garden Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Scampi & Chips Jumbo | Total Allergen Outcome | No | No | Yes (Wheat, Barley) | No | No | No | Yes | Yes | No | No | Yes | No | Yes | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Mushy Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Garden Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | The Codfather | Total Allergen Outcome | No | No | Yes (Wheat, Barley) | No | No | No | No | Yes | Yes | No | Yes | No | Yes | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Mushy Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Garden Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Lasagne | Total Allergen Outcome | No | No | Yes (Wheat, Barley, Rye) | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Chicken Tikka Masala | Total Allergen Outcome | No | No | No | Yes (Almonds) | No | No | No | No | No | No | Yes | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Fish & Chips | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | Yes | No | Yes | No | Yes | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Mushy Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Garden Peas | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
|---|----------|---|---------------------------|---------------------|--------------------------|---------------------|----------------------|------------------|-----------------|----------------------|--------------|---------------|----------------|---------------|-------------------|------------------|----------------------|---------------|--------------------------------------|
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Steak & Ale Pie | Total Allergen Outcome | No | No | Yes (Wheat, Barley) | No | No | Yes | No | Yes | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Chicken New Yorker | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Chicken New Yorker Jumbo | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Grilled 8oz Gammon | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Fried Egg | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Pineapple Slice | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Grilled Gammon - XL | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Fried Egg | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Pineapple Slice | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Mac 'n' Cheese v | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | The Big Breakfast | Total Allergen Outcome | No | No | Yes (Wheat, Barley) | No | No | No | No | Yes | No | No | Yes | No | No | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Southern Fried Chicken Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Beef Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Beef Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Cheese & Bacon Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Cheese & Bacon Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Cheese Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Flame Grilled Cheese Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | New York Deli Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | New York Deli Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Southern Fried Chicken Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Pit Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Pit Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Hot Hot Hot | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | The Flaming Challenge Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
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| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Mixed Grill | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | King Size Mixed Grill | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | 10oz Rib Eye Steak | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | 8oz Rump Steak | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | 8oz Sirloin Steak | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Signature Doubled Dipped Rib Eye | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | No | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | 5oz Rump Steak | Total Allergen Outcome | No | No | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Surf & Turf Combo | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | Yes | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Surf & Turf Combo King | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | Yes | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Loaded Chicken & Chips | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | 20oz Tomahawk Pork | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | BBQ Jerk Halloumi Burger | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Half Roast Chicken | Total Allergen Outcome | No | No | No* | No | No | No | No | Yes | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Garlic & Coriander Glaze | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Piri Piri Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Hot Hot Hot Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Jerk BBQ Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Texan BBQ Sauce | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Mother Clucker | Total Allergen Outcome | No | No | Yes (Wheat, Rye) | No | No | Yes | No | Yes | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Defeat The Meat | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Dip n Flip Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Sausage & Mash | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | No | No | No | Yes | No | No | No | No | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Dip n Flip Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | Yes |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | BBQ Jerk Halloumi Burger - Large | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Mains | Char Grilled Chicken Skewers | Total Allergen Outcome | No | No | No* | No | No | No | No | Yes | No | No | Yes | No | No | Yes | No | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
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| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Garlic & Coriander Glaze | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Piri Piri Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Hot Hot Hot Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Jerk BBQ Sauce | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Texan BBQ Sauce | Modifier Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | All American Chicken Burger | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | All American Chicken Burger - Large | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | Yes | Yes | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Creamy Cajun Pasta Chicken | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Mains | Creamy Cajun Pasta v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sunday Roasts | Tender Roast Beef Topside | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sunday Roasts | Tender Roast Beef Topside Jumbo | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sunday Roasts | Half Roast Chicken | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sunday Roasts | Half Roast Chicken Jumbo | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | Yes | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Corn Dogs | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | No | No | Yes | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Chips v | Total Allergen Outcome | Yes | Yes | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Skinny Fries v | Total Allergen Outcome | Yes | Yes | No* | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Criss-Cross Chips v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Cheesy Chips v | Total Allergen Outcome | No | Yes | No* | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Mac Cheese v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Mash v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Frickles v | Total Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | Yes | No | No | Yes |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Onion Rings v | Total Allergen Outcome | Yes | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Mushrooms v | Total Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Garlic Ciabatta v | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Naan Bread v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
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| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Side Salad v | Total Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Coleslaw v | Total Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Corn on the Cob v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | Yes | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Texan BBQ Wings - Steak Topper | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | New York - Steak Topper | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | BBQ Pulled Pork - Steak Topper | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Pepper Mushrooms - Steak Topper | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Chilli Bourbon - Steak Sauce | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | No | No | No | No | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Hot Hot Hot Chilli - Steak Sauce | Total Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Creamy Peppercorn - Steak Sauce | Total Allergen Outcome | No | No | Yes (Wheat) | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Sweet Curry Sauce | Total Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | Yes |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Sour Cream | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Sweet Chilli | Total Allergen Outcome | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | Yes |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Garlic & Herb Glaze (Hot) | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Garlic Ciabatta with Melted Cheese v | Total Allergen Outcome | No | Yes | Yes (Wheat, Rye) | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Piri Piri Sauce (Hot) | Total Allergen Outcome | No | Yes | No | No | No | Yes | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Jerk BBQ Sauce | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | No | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Dirty Fries | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Extra Halloumi v | Total Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Extra Chicken Fillet x1 | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Sides | Extra 5oz Rump | Total Allergen Outcome | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Desserts | Apple Crumble v | Total Allergen Outcome | No | Yes | Yes (No-gluten Oats) | No | No | No | No | No | No | No | Yes | No | No | No | No | Yes |
| Flaming Grill - Spring/Summer 2017 Main Menu | Desserts | Chocolate Fudge Cake v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Desserts | Vanilla Ice Cream | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/Summer 2017 Main Menu | Desserts | Chocolate Ice Cream | Modifier Allergen Outcome | No | Yes | No | No | No | No | No | No | No | No | Yes | No | No | No | Yes | No |

| | Category | Dish Name | Total Allergen Outcome | Suitable for Vegans | Suitable for Vegetarians | Contains Gluten* | Contains Tree Nuts** | Contains Peanuts | Contains Celery | Contains Crustaceans | Contains Egg | Contains Fish | Contains Lupin | Contains Milk | Contains Molluscs | Contains Mustard | Contains Sesame Seed | Contains Soya | Contains Sulphur Dioxide / Sulphites |
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| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | The Epic Choctastic Sundae v | Total Allergen Outcome | No | Yes | Yes (Wheat, Barley) | No | No | No | No | Yes | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | The Mountain of Sweet v | Total Allergen Outcome | No | Yes | Yes (Wheat, Barley, Oat) | No | No | No | No | Yes | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | Profiteroles v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | Black Cherry Eton Mess Sundae v | Total Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | Yes | No | No | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | Toffee Donut Sundae v | Total Allergen Outcome | No | Yes | Yes (Wheat) | No | No | No | No | Yes | No | No | Yes | No | Yes | No | No | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | Cookie Dough Cheesecake v | Total Allergen Outcome | No | Yes | Yes (Wheat, Barley, Oat) | No | No | No | No | Yes | No | No | Yes | No | No | No | Yes | No |
| Flaming Grill - Spring/ Summer 2017 Main Menu | Desserts | Strawberry Meringue Pie v | Total Allergen Outcome | No | Yes | No | No | No | No | No | Yes | No | No | Yes | No | No | No | No | No |